### Z-MED™

**PTA Balloon Sizing Chart**

<table>
<thead>
<tr>
<th>Applied Pressure</th>
<th>Balloon Diameter</th>
</tr>
</thead>
<tbody>
<tr>
<td>ATM</td>
<td></td>
</tr>
<tr>
<td>1.0</td>
<td>± 10% at Rated Burst Pressure (RBP).</td>
</tr>
</tbody>
</table>

### References

- Katzen, B.T.; Chang, J.; PTA with the Gruntzig Balloon Catheter, Radiology, 130:623-626 (1979)
- Stanson A.W.; A Perspective of PTA, Cardiovascular Clinics, 12(2):245-259 (1983)

### Warning

- B. Braun Interventional Systems Inc. Catheters are placed in the extremely hostile environment of the human body. Catheters may fail to function for a variety of causes including, but not limited to, medical complications or failure of catheters by breakage. In addition, despite the exercise of all due care in design, component selection, manufacture and testing prior to sale, catheters may be easily damaged before, during or after insertion by improper handling or other intervening acts. Consequently, no representation or warranty is made that failure of cessation or function of catheters will not occur or that the body will not react adversely to the placement of catheters or that medical complications will not follow the use of catheters.

- B. Braun Interventional Systems Inc. cannot warrant or guarantee B. Braun Interventional Systems Inc. accessories because the structure of the accessories may be damaged by improper handling before or during use. Therefore, no representations or warranties are made concerning them.

- Z-MED is a trademark of NuMED Inc.

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**Picture for reference only.**

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**One Z-MED™ Balloon Dilatation Catheter**

**Percutaneous Transluminal Angioplasty, PTA**

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**BRAUN**

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Technical Support
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Instructions For Use

Contents of unopened, undamaged package are:

STERILE • NONPYROGENIC

Sterile in unopened and undamaged package if the word “gas-chex” on the sterility indicator strip has changed from red to green. Non-sterile if the package has been opened or damaged or the word “gas-chex” on the sterility indicator strip is not green.

Disposable - This device is intended for one use only. Do not reuse or resterilize. Sterilized with Ethylene Oxide.

Indications:
Recommended for Percutaneous Transluminal Angioplasty (PTA) of the femoral, iliac and renal arteries. These catheters are not designed to be used in the coronary arteries.

Description:
The B. Braun Interventional Systems Inc. Catheter is a non-reusable, co-axial designed catheter with a balloon mounted on its distal tip. The lumen labeled with the balloon size is utilized for balloon inflation while the through lumen allows the catheter to track over a guidewire. A radiopaque band(s) defines the center (or shoulders, if two) of the dilatation balloon.

Each balloon inflates to its stated diameter and length at a specific pressure. The balloon diameter is ± 10% at the Rated Burst Pressure (RBP). RBP is different for each balloon size. (See Balloon Sizing Chart on this IFU). It is important that the balloon not be inflated beyond the RBP.

Warnings:
• CAUTION: Do not exceed the RBP. An inflation device with pressure gauge is recommended to monitor inflation pressure. Pressure in excess of the RBP can cause balloon rupture and potential inability to withdraw the catheter through the introducer sheath.
• In PTA, the dilated balloon should not markedly exceed the diameter of the artery lying just proximal to the stenosis.
• Use only appropriate balloon inflation medium. Do not use air or gaseous medium to inflate the balloon.
• Do not advance the guidewire, balloon dilatation catheter or any other component if resistance is met, without first determining the cause and taking remedial action.
• This catheter is not recommended for pressure measurement or fluid injection.
• Do not remove the guidewire from the catheter at any time during the procedure.

Precautions:
• Dilatation procedures should be conducted under fluoroscopic guidance with appropriate x-ray equipment.
• Guidewires are delicate instruments. Care should be exercised while handling to help prevent the possibility of breakage.
• The sealed catheter container should be inspected prior to opening. If the seal is broken, or the container has been damaged or wet, sterility cannot be assured.
• Careful attention must be paid to the maintenance of tight catheter connections. Aspirate before proceeding to avoid air introduction into the system.
• Under no circumstances should any portion of the catheter system be advanced against resistance. The cause of the resistance should be identified with fluoroscopy and action taken to remedy the problem.
• If resistance is felt upon removal, then the balloon, guidewire and sheath should be removed as a unit, particularly if balloon rupture or leakage is known or suspected. This may be accomplished by firmly grasping the balloon catheter, guidewire and sheath as a unit and withdrawing them together, using a gentle twisting motion combined with traction.
• Before removing the catheter from the sheath, it is very important that the balloon is completely deflated.
• Proper functioning of the catheter depends upon its integrity. Care should be used when handling the catheter. Damage may result from kinking, stretching or forceful wiping of the catheter.

Potential Complications/Adverse Effects
• Potential complications related to the introduction of the catheter into the body include, but are not limited to: infection, air embolism and hematoma formation.
• Potential balloon separation following balloon rupture or abuse and the subsequent need to use a snare or other medical interventional techniques to retrieve the pieces.
• Complications associated with PTA include, but are not limited to: clot formation and embolism, nerve damage, vascular perforation, requiring surgical repair, damage to the vascular intima, cerebral accident, cardiac arrhythmias, myocardial infarction, or death.
• For specifics, refer to: Fellowes, K. et al.: Acute Complications of Catheter Therapy for Congenital Heart Disease, Amer Journ of Cardiol, 60;679(1987).

NOTE: There have been infrequent reports of larger diameter balloons bursting circumferentially, possibly due to tight focal strictures in large vessels. In any instance of a balloon rupture while in use, it is recommended that a sheath be placed over the ruptured balloon prior to withdrawal through the entry site. This can be accomplished by cutting off the proximal end of the catheter and slipping an appropriately sized sheath over the catheter into the entry site. For specific technique, refer to: Tegtmeyer, Charles J., M.D. & Bezirdjian Diran R., M.D. “Removing the Stuck, Ruptured Angioplasty Balloon Catheter.” Radiology, Volume 139, 231-232, April 1981.

Inspection and Preparation:
1. Insert guidewire through the distal tip until guidewire exceeds proximal port.
2. Remove balloon protector. Inspect the catheter for damage prior to insertion.
3. Perform dilatations using either a 50/50 or a 75/25 solution of saline and contrast medium, respectively.
4. Attach an inflation device with pressure gauge half-filled with the contrast solution to the balloon port of the catheter.
5. Purge the catheter through lumen thoroughly, observing for leaks.
6. To check inflation/deflation times, use a stopwatch. Repeat the procedure several times to verify the inflation/deflation time.
7. Point inflation device with pressure gauge nozzle downward, aspirate until all air is removed from the balloon, and bubbles no longer appear in the contrast solution.
8. Turn the stopcock off to maintain the vacuum in the balloon.
9. Remove guidewire.

Insertion Vascular:
1. Enter the vessel percutaneously using the standard Seldinger technique over the appropriate guidewire for the size catheter being used.
2. Advance the catheter across the lesion with fluoroscopic guidance using accepted percutaneous transluminal angioplasty technique (see references). In most patients, the balloon should meet with minimal resistance to insertion. Do not advance the catheter unless the guidewire is in place.
3. Referring to the balloon-sizing chart, inflate the balloon with contrast medium until the desired diameter is achieved or the RBP is reached, whichever comes first. DO NOT EXCEED THE RBP.
4. Do not remove the guidewire from the catheter at any time during the procedure.

Deflation and Withdrawal:
1. Deflate the balloon by drawing a vacuum with an inflation device with pressure gauge. Note: The greater the vacuum applied and held during withdrawal, the lower the deflated balloon profile.
2. Gently withdraw the catheter. As the balloon exits the vessel, use a smooth, gentle, steady motion. If resistance is felt upon removal, then the balloon, guidewire, and sheath should be removed together as a unit under fluoroscopic guidance, particularly if balloon rupture or leakage is known or suspected. This may be accomplished by firmly grasping the balloon catheter, guidewire and sheath as a unit and withdrawing them together, using a gentle twisting motion combined with traction.
3. Apply pressure to the insertion site according to standard practice or hospital protocol for percutaneous vascular procedures.